





4. Verse 25 says we live by God's Spirit. In what sense does living by the Spirit depend on our cooperation through self-discipline?
  
  
  
  
  
  
  
  
  
  
5. What is attractive about the character trait of discipline?
  
  
  
  
  
  
  
  
  
  
6. As you compare the list in verses 19-21 with that in verses 22-23, where do you find the greatest need for discipline in your own life?

### ***APPLICATION***

- Consider one area of your life that can benefit from greater discipline. What would it mean for you to trust God by allowing His Holy Spirit to work in that area?
  
  
  
  
  
  
  
  
  
  
- Pray that God will help you be a person of discipline in that area, and share your commitment to pursue that goal with a trusted friend... someone who will encourage you along the way in this regard.